

MARIKO L. VISSERMAN

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Permanent Resident: Canada; Citizenship: The Netherlands

ACADEMIC APPOINTMENTS

- 2021-2023 *SSHRC Postdoctoral fellow*, University of Toronto Mississauga, Canada
- 2020-2021 *Lecturer (Assistant Professor)*, School of Psychology, Victoria University of Wellington, New Zealand.
- 2020-2021 *Sessional Lecturer*, Department of Psychology, University of Toronto St. George & University of Toronto Mississauga, Toronto, Canada
- 2018-2020 *Postdoctoral fellow*, Department of Psychology, University of Toronto Mississauga & York University, Toronto, Canada

EDUCATION

- 2013-2018 Ph.D. Ph.D. Dissertation, **Cum Laude** (top 3%), on “*The Art of Sacrifice: Self-Other Dilemmas, Biased Perceptions, and the Emergence of Gratitude*”, VU Amsterdam, The Netherlands. Adviser: Dr. Francesca Righetti, co-advisor: Prof. Paul A. M. van Lange
- 2013-2017 Ph.D. Graduate training at the Kurt Lewin Institute, Utrecht University, & William James Graduate School, VU Amsterdam, The Netherlands
- 2010-2012 M.Sc. Research Master Behavioural Science, specialized in Social Cognition Radboud University Nijmegen, The Netherlands
* *Year 1 project: “Employee attributions about HR policies”*
* *Year 2 project: “Relationship protection from attractive alternatives”*
- 2007-2010 B.Sc. Psychology, *Honors Program*, **Cum Laude** Radboud University Nijmegen, The Netherlands

AWARDS, GRANTS, AND RECOGNITIONS

- 2021-2023 Postdoctoral fellowship award (**\$90,000 CAD**) from the Social Sciences and Humanities Research Council Canada (SSHRC). Adviser: Prof. Emily A. Impett, co-adviser: Dr. Amy Muise
- 2021-2023 SSHRC Postdoctoral fellowship top-up award (**\$20,000 CAD**) from the Office Vice Principal-Research, University of Toronto Mississauga, Canada

- 2021 Travel grant (**\$500 CAD**) from the Office Vice Principal-Research, University of Toronto Mississauga
- 2019 Research grant (**€5,000**) for field research “Meet a stranger” (at Lowlands Festival, 2019) from Radboud University, Nijmegen, The Netherlands.
- 2019 Postdoctoral Fellow Research (**\$2,000 CAD**) and Travel (**\$500 CAD**) grants from the Office Vice Principal-Research, University of Toronto Mississauga
- 2018 Best **Paper Award (€500)** from the Kurt Lewin Institute (KLI) for the article “It’s the motive that counts: Perceived sacrifice motives and gratitude in romantic relationships”
- 2018 Awarded funding (**€1,000**) to organize a Faculty-wide colloquium talk by Prof. Impett at VU Amsterdam
- 2018 Graduate Student **Paper Award** from the Relationship Research Interest Group (RRIG) and Society for Personality and Social Psychology (SPSP), for the article “It’s the motive that counts: Perceived sacrifice motives and gratitude in romantic relationships”
- 2017 Awarded participation in SISPP summer school on longitudinal dyadic data analysis, from the Society for Personality and Social Psychology (SPSP)
- 2017 Graduate Student Travel Award (**\$500 USD**) from the Society for Personality and Social Psychology (SPSP)
- 2016 Talent Travel Grant (**€5,000**) from VU Amsterdam, The Netherlands
- 2016 Postgraduate Student Travel Award (**€1,000**) from the European Association for Social Psychology (EASP)
- 2015 Recognition of distinguished service (**€1,000**) to the International Association for Relationship Research (IARR), as co-organizer of the mini-conference held in Amsterdam, The Netherlands
- 2013 4-year Ph.D fellowship (**€100,000**) from VU Amsterdam, The Netherlands
- 2012 Best Poster Award first place (**€300**) at the Behavioural Science Institute convention, Radboud University, The Netherlands
- 2011 Best Poster Award third place (**€100**) at the Behavioural Science Institute convention, Radboud University, The Netherlands
- 2010 Best Project Award (**€1,000**) of the Honors Program, Radboud University, Nijmegen, The Netherlands

Publications

1. **Visserman, M. L.**, Hoorens, V., & Vonk, R. (in press). *Interpersoonlijke Relaties [Interpersonal Relationships]*. In R. Vonk & V. Hoorens (Eds.), *Sociale Psychologie [Sociale Psychologie]*, 5th edition. Boom uitgevers Amsterdam, The Netherlands.
2. Murphy, G., Horne, R. M., **Visserman, M. L.**, & Impett, E. A. (2022). Relationship functioning following a large-scale sacrifice: Perceived partner prosociality buffers attachment insecurity. *Journal of Family Psychology*. Advance online publication. <https://doi.org/10.1037/fam0000994>
3. Righetti, F., **Visserman, M. L.**, & Impett, E. A. (2022). Sacrifices: Costly prosocial behaviors in romantic relationships. *Current Opinion in Psychology*, 44, 74–79. <https://doi.org/10.1016/j.copsyc.2021.08.031>
4. **Visserman, M. L.**, Muise, A., Righetti, F., Horne, R. M., Le, B. M., Côté, S., & Impett, E. A. (2021). Lightening the load: Perceived partner responsiveness fosters more positive appraisals of relational sacrifices. *Journal of Personality and Social Psychology*. Advance online publication. <https://doi.org/10.1037/pspi0000384>
5. Carswell, K. L., Muise, A., Harasymchuk, C., Horne, R. M., **Visserman, M. L.**, & Impett, E. A. (2021). Growing desire or growing apart? Consequences of personal self-expansion for romantic passion. *Journal of Personality and Social Psychology*, 121, 354-377. <https://doi.org/10.1037/pspi0000357>
6. **Visserman, M. L.**, Righetti, F., Muise, A., Impett, E. A. Joel, S., & Van Lange, P. A. M. (2021). Taking stock of reality: Biased perceptions of the costs of romantic partners' sacrifices. *Social Psychological and Personality Science*, 12, 54-62. <https://doi.org/10.1177/1948550619896671>
7. Park, Y., **Visserman, M. L.**, Sisson, N., Le, B. M., Stellar, J., & Impett, E. A. (2021). How can I thank you? Highlighting the benefits or costs when expressing gratitude. *Journal of Social and Personal Relationships*, 38, 504-523. <https://doi.org/10.1177/0265407520966049>
8. Joel, S., Eastwick, P. W., Allison, C. J., Arriaga, X. B., Baker, Z. G., Bar-Kalifa, E., ... **Visserman, M. L.**, & Wolf, S. (2020). Machine learning uncovers the most robust self-report predictors of relationship quality across 43 longitudinal couples studies. *Proceedings of the National Academy of Sciences*, 117, 19061-19071. <https://doi.org/10.1073/pnas.1917036117>
9. Zoppolat, G., **Visserman, M. L.**, & Righetti, F. (2020). What a nice surprise: Sacrifice expectations and partner appreciation in romantic relationships. *Journal of Social and Personal Relationships*, 37(2), 450-466. <https://doi.org/10.1177/0265407519867145>
10. **Visserman, M. L.** (2019). Sacrifice in intimate relationships. In J. J. Ponzetti (Eds.), *Macmillan Encyclopedia of Intimate Relationships and Families*, 773-775, Cengage Learning Inc., Delaware.

11. **Visserman, M. L.**, Impett, E. A., Righetti, F., Muise, A., Keltner, D., & Van Lange, P. A. M. (2019). To “see” is to feel grateful? A quasi-signal detection analysis of romantic partners’ sacrifices. *Social Psychological and Personality Science*, *10*, 317-325. <https://doi.org/10.1177/1948550618757599>
12. Kim, J. J., **Visserman, M. L.**, & Impett, E. A. (2019). Power in close intimate relationships. In C. R. Agnew & J. J. Harman (Eds.), *Advances in Personal Relationships: Power in close relationships*, 192-224, Cambridge University Press, Cambridge.
13. Thomson, R., Yuki, M., Talhelm, T., Schug, J., Kito, M., Becker, M. ..., & **Visserman, M. L.** (2018). Relational mobility predicts social behaviors in 39 countries and is tied to historical farming and threat. *Proceedings of the National Academy of Sciences*, *115*, 7521-7526. <https://doi.org/10.1073/pnas.1713191115>
14. **Visserman, M. L.**, Righetti, F., Impett, E. A., Keltner, D., & Van Lange, P. A. M. (2018). It's the motive that counts: Perceived sacrifice motives and gratitude in romantic relationships. *Emotion*, *18*, 625-637. <https://doi.org/10.1037/emo0000344>
15. Righetti, F. & **Visserman, M. L.** (2018). I gave too much: Low self-esteem and the regret of sacrifices. *Social Psychological and Personality Science*, *9*, 453-460. <https://doi.org/10.1177/1948550617707019>
16. **Visserman, M. L.**, Righetti, F., Kumashiro, M., & Van Lange, P. A. M. (2017). Me or Us? Self-control promotes a healthy balance between personal and relationship concerns. *Social Psychological and Personality Science*, *8*(1), 55-65. <https://doi.org/10.1177/1948550616662121>
17. Righetti, F., Gere, J., Hofmann, W., **Visserman, M. L.**, & Van Lange, P. A. M. (2016). The burden of empathy: Partners’ responses to divergence of interests in daily life. *Emotion*, *16*, 684-690. <https://doi.org/10.1037/emo0000163>
18. Righetti, F., Balliet, D., **Visserman, M. L.**, & Hofmann, W. (2015). Trust and the suppression of emotions during sacrifice in close relationships. *Social Cognition*, *33*, 505-519. <https://doi.org/10.1521/soco.2015.33.5.50>
19. **Visserman, M. L.**, Karremans, J. C. (2014). Romantic relationship status biases the processing of an attractive alternative’s behavior. *Personal Relationships*, *21*, 324-334. <https://doi.org/10.1111/per.12035>
20. **Visserman, M. L.**, & Karremans, J. C. (2013). Een aantrekkelijk alternatief in een negatief daglicht: Een vertekening in het verwerken van gedragsinformatie bij mensen in een relatie. [*Biased processing of an attractive alternative’s behavior*] Summary paper in: *Jaarboek Sociale Psychologie*, 221-224.

Media Coverage

- 2018-present: **Recurrent expert interviewee for *Quest Psychology***, a Dutch magazine that bridges scientific knowledge to the general public (e.g., I contributed to an article on “The ingredients of a high-quality relationship”).
- 2022: **Psychology Today** covered our work on partner prosociality after a large-scale sacrifice as “How can relationships survive big-time sacrifices?”, found [here](#).
- 2021: **Marriage.com** covered my work on balancing personal and relational interests under “How to be a better spouse: 25 ways to help”, found [here](#).
- 2021: **The Atlantic** covered our work on expressions of gratitude as “The most effective way to thank your significant other”, found [here](#).
- 2020: **Twitter** “Retweets” about my work on biased perceptions of relational sacrifice costs, covered as “Traditional self-other [#biases](#) in judgment tend to be quite different if the other is your close partner”.
- 2020: **Psychology Today** covered our work on predictors of relationship well-being as a “The top five predictors of a healthy relationship”, found [here](#).
- 2020 (August 3): **CBC Radio**, Canada, covered our work on predictors of relationship well-being in a live interview (08/03/2020).
- 2020: **Inverse** covered our work on predictors of relationship well-being as a “Landmark study among 11,196 couples pinpoints what dating apps get so wrong”, found [here](#).
- 2020: **Reddit** featured our work on predictors of relationship well-being as “it's not the person you choose but the relationship you build”, with over 49,000 likes (upvotes) and 1,200 comments, found [here](#).
- 2019: **Reddit** featured our research on sacrifice expectations and gratitude as “Sacrifice expectations shape your relationship” and “expectations kill gratitude”, with over 41,800 likes (upvotes) and 786 comments, found [here](#).
- 2019: **Psychology Today** covered our research on sacrifice expectations and gratitude as “How expectations are shaping your relationship”, found [here](#).
- 2019: **Blog** for the **Society for Personality and Social Psychology's** “Character & Context” on “When low expectations are an advantage in romantic relationships”, found [here](#).
- 2019: **Psychology Today** covered my research on sacrifice detection as “Do you see your partner’s sacrifices?”, found [here](#).
- 2019: **Blog** for the **Society for Personality and Social Psychology's** “Character & Context” on “Do you see your romantic partner’s sacrifices?”, found [here](#).

- 2019: **PsyPost** covered our research on self-esteem and regret as “People with low self-esteem more likely to regret making sacrifices in their relationships”, found [here](#).
- 2019: **Wall Street Journal** interview and media article on my research on gratitude, covered as “For couples, gratitude is a boomerang”, found [here](#).
- 2018 (24 May): **BNR Radio** interview on my dissertation findings on “sacrifice in close relationships”, for the program “Science Today”, found [here](#) [in Dutch].
- 2018: **Psychology Today** covered my research on sacrifice detection and gratitude as “A new reason to acknowledge your partner’s sacrifice”, found [here](#).
- 2017: The **Society for Personality and Social Psychology** covered our research on self-esteem, partner support, and regret of sacrifices as “Low self-esteem partners create their own regret in relationship sacrifices”, found [here](#).
- 2015: **Time Magazine** covered our research on relationship protection as “Why women in relationships turn a blind eye to attractive men”, found [here](#).

Invited Talks

1. **Visserman, M. L.** (2022, June). *Maintaining high-quality relationships: Navigating the costs and benefits of sacrifices*. Invited talk at the School of Psychology, University of Auckland, New Zealand [Virtual].
2. **Visserman, M. L.** (2022, May). *Maintaining high-quality relationships: Navigating the costs and benefits of sacrifices*. Invited talk at the Department of Psychology, Durham University, United Kingdom [Virtual].
3. **Visserman, M. L.** (2022, May). *Maintaining high-quality relationships*. Invited talk at the School of Psychology, University of Sussex, United Kingdom [Virtual].
4. **Visserman, M. L.** (2022, April). *Maintaining high-quality relationships: Navigating the costs and benefits of sacrifices*. Invited talk at the Department of Psychology, Simon Fraser University, Vancouver, Canada [Virtual].
5. **Visserman, M. L.** (2022, April). *Maintaining high-quality relationships: Navigating the costs and benefits of sacrifices*. Invited talk at the School of Psychology, University of Surrey, United Kingdom [Virtual].
6. **Visserman, M. L.** (2022, March). *Maintaining high-quality relationships: Navigating the costs and benefits of sacrifices*. Invited talk at the School of Psychology, University of Bristol, United Kingdom [virtual].

7. **Visserman, M. L.** (2022, February). *A relationship science perspective on health workers: dating, relationship development, and maintenance when working in health care*. Invited talk at the Michener Institute of Education in Toronto, University of Toronto, Canada [virtual].
8. **Visserman, M. L.** (2020, August). *Maintaining high-quality relationships: Navigating the costs and benefits of sacrifices*. Invited talk at the School of Psychology, Victoria University of Wellington, New Zealand [Virtual].
9. **Visserman, M. L.** (2019, November). *The art of Sacrifice: Self-other dilemmas, biased perceptions, and the emergence of gratitude*. Invited talk at the Department of Psychology, University of Waterloo, Canada.
10. **Visserman, M. L.** (2019, November). *The art of Sacrifice: Self-other dilemmas, biased perceptions, and the emergence of gratitude*. Invited talk at The Rochester Relationships Lab, Prof. Harry T. Reis & Dr. Bonnie M. Le, University of Rochester, U.S.A.
11. **Visserman, M. L.** (2019, May). The emergence of gratitude in response to romantic partners' sacrifices. Invited talk at the York and University of Toronto Social Personality Area (YUTSPA), Toronto, Canada.
12. **Visserman, M. L.**, Muise, A., Righetti, F., Horne, M., & Impett, E. A. (2019, April). *Lightening the load: Perceived partner responsiveness and sacrifice appraisals*. Invited talk at the annual mini-conference of the Department of Experimental and Applied Psychology (Social Psychology section), VU Amsterdam, The Netherlands.
13. **Visserman, M. L.** (2018, August). *The art of Sacrifice: Self-other dilemmas, biased perceptions, and the emergence of gratitude*. Invited talk at The Lydon Lab, Prof. John E. Lydon, McGill University, Montreal, Canada.
14. **Visserman, M. L.**, Righetti, F., Impett, E. A., Keltner, D., & Van Lange, P. A. M. (2018, April). *It's the motive that counts: Perceived partner's sacrifice motives and gratitude*. **Best Paper Award talk** held at the biannual conference of the Kurt Lewin Institute (KLI), Zeist, The Netherlands.
15. **Visserman, M. L.**, Righetti, F., Impett, E. A., Keltner, D., & Van Lange, P. A. M. (2018, March). *It's the motive that counts: Perceived partner's sacrifice motives and gratitude*. **Best Paper Award talk** held at the "Close Relationships" preconference at the annual meeting of the Society of Personality and Social Psychology (SPSP), Atlanta, USA.
16. **Visserman, M. L.** (2017, May). *Sacrifice in close relationships*. Invited talk at a course on "Psychology of Human Sexuality" for graduate students from the United States, provided by Dr. Justin J. Lehmiller. University of Amsterdam, The Netherlands.

Conference Presentations

1. **Visserman, M. L.**, Muise, A., Righetti, F., Horne, R. M., Le, B. M., Côté, S., & Impett, E. A. (2022, July). *Lightening the Load: Perceived Partner Responsiveness Fosters More Positive Appraisals of Relational Sacrifices*. Oral presentation at the International Association for Relationship Research (IARR) conference [Virtual].
2. Tissera, H., **Visserman, M. L.**, Impett, E. A., Muise, A., & Lydon, J. E. (2022, July). *Understanding the links between perceiving gratitude and romantic relationship satisfaction using an accuracy and bias framework*. Oral presentation at the International Association for Relationship Research (IARR) conference [Virtual].
3. Murphy, G. C., Horne, R. M., **Visserman, M. L.**, & Impett, E. A. (2022, February). *Effects of attachment insecurity on accompanying partners' well-being following relocation: The buffering role of perceived partner gratitude and sacrifice behaviours*. Poster at the annual meeting of the Society of Personality and Social Psychology (SPSP), San Francisco, USA.
4. Murphy, G. C., Horne, R. M., **Visserman, M. L.**, & Impett, E. A. (2021, November). *Effects of attachment insecurity on trailing partners' well-being following relocation: The buffering role of perceived partner gratitude and sacrifice behaviours*. Poster at the annual Harvard Women in Psychology Trends in Psychology Summit (TiPS), Cambridge, USA [Virtual]
5. Murphy, G. C., Horne, R. M., **Visserman, M. L.**, & Impett, E. A. (2021, November). *Effects of attachment insecurity on trailing partners' well-being following relocation: The buffering role of perceived partner gratitude and sacrifice behaviours*. Poster at the annual meeting of the National Council on Family Relations (NCFR), Baltimore, USA.
6. **Visserman, M. L.**, Muise, A., Righetti, F., Horne, R. M., Le, B. M., Côté, S., & Impett, E. A. (2021, September). *Lightening the Load: Perceived Partner Responsiveness Fosters More Positive Appraisals of Relational Sacrifices*. In F. Meier (Chair), *Expanding the view of healthy development. Adaptation to stress and well-being of individuals, couples, and children*. Symposium at the annual conference of the European Association of Cognitive Behavioral Therapy (EACBT), Belfast, Ireland [Virtual].
7. Horne, R. M., **Visserman, M. L.**, & Impett, E. A. (2021, September). *She leads, he follows: Gender norm violation and relationship ambivalence in partnered relocation*. Oral presentation at the International Association for Relationship Research (IARR) conference [Virtual].
8. Murphy, G. C., Horne, R. M., **Visserman, M. L.**, & Impett, E. A. (2021, July). *Effects of attachment insecurity on trailing partners' well-being following relocation: The buffering role of perceived partner gratitude and sacrifice behaviours*. Blitz talk at the biannual meeting of the Association for Research in Personality (ARP) [Virtual].

9. **Visserman, M. L.**, Righetti, F., Impett, E. A., Muise, A., Joel, S., & Van Lange, P. A. M. (2021, July). *Taking stock of reality: Biased perceptions of romantic partners' costs for sacrifice*. Oral presentation at the bi-annual meeting of the International Association for Relationship Research (IARR) [Virtual].
10. Horne, R. M., **Visserman, M. L.**, & Impett, E. A. (2021, February). She leads, he follows: Gender norm violation and relationship ambivalence in partnered relocation. Poster presented at the Gender Preconference at the annual meeting of the Society of Personality and Social Psychology (SPSP) [Virtual].
11. **Visserman, M. L.**, Muise, A., Righetti, F., Horne, R. M., & Impett, E. A. (2020, February). *Lightening the Load: Perceived Partner Responsiveness Fosters More Favorable Appraisals of Relational Sacrifices*. In S. Kwok (Chair) and J. Wood (Co-chair), *Personal and Relational Benefits of Responsiveness in Romantic Relationships*. Symposium at the annual meeting of the Society of Personality and Social Psychology (SPSP), New Orleans, LA, U.S.A.
12. Impett, E. A., Park, Y., **Visserman, M. L.**, Sisson, N. M., Le, B. M., & Stellar, J. (2020, February). *Highlighting a benefactor's responsiveness to needs make benefactors feel good about gratitude and the relationship*. In S. Kwok (Chair) and J. Wood (Co-Chair), *Personal and relational benefits of responsiveness in romantic relationships*. Symposium at the Annual Meeting of the Society of Personality and Social Psychology, New Orleans, LA, U.S.A.
13. Horne, R. M., **Visserman, M. L.**, & Impett, E. A. (2020, February). *I will follow you, but it will cost me: Trailing partners' exchange motives predict lower relationship quality through costly perceptions of relocation*. Poster presented at the Society for Personality and Social Psychology (SPSP) Conference in New Orleans, LA. U.S.A.
14. Zoppolat, G., **Visserman, M. L.**, & Righetti, F. (2019, December). *A nice surprise: Sacrifice expectations and partner appreciation in romantic relationships*. Oral presentation held at the annual meeting of the Dutch Association for Social Psychology (ASPO), Wageningen, The Netherlands.
15. **Visserman, M. L.**, Muise, A., Righetti, F., Horne, R. M., & Impett, E. A. (2019, October). *Lightening the Load: Perceived Partner Responsiveness Fosters More Favorable Appraisals of Relational Sacrifices*. In M. L. Visserman (Chair) and E. A. Impett (Co-chair), *Navigating a Social World: Costs and Benefits of Pro-Social Behavior*. Symposium at the Society for Experimental Social Psychology (SESP) conference, Toronto, Canada.
16. **Visserman, M. L.**, Impett, E. A., Righetti, F., Muise, A., Keltner, D., & Van Lange, P. A. M. (2019, June). *A quasi-signal detection analysis of perceiving a romantic partner's sacrifices and the impact on gratitude in daily life*. In H. Tissera (Chair), *Perceiving you, perceiving me: Sources and benefits of accuracy and bias in interpersonal interactions*.

Symposium conducted at the International Association for Relationship Research (IARR) mini-conference on “Positive action in relationships”, Ottawa, Canada.

17. Horne, R. M., **Visserman, M. L.**, Impett, E. A. (2019, June). *I will follow you, but it will cost me: Trailing partners' exchange motives predict lower relationship quality through costly perceptions of relocation*. Data blitz talk presented at the International Association for Relationship Research (IARR) mini-conference on “Positive action in relationships”, Ottawa, Canada.
18. Tu, E., Carswell, K., Horne, R. M., **Visserman, M. L.**, & Impett, E. A. (2019, May). *With or without you: Exploring relational and personal self-expansion among romantic partners post-relocation*. Poster presented at the University of Toronto Mississauga Psychology Research Day, Toronto, Canada.
19. **Visserman, M. L.**, Righetti, F., Muise, A., Impett, E. A., Joel, S., & Van Lange, P. A. M. (2019, February). *Taking stock of reality: Biased perceptions of romantic partners' costs for sacrifice*. Poster presented held at the annual meeting of the Society of Personality and Social Psychology (SPSP), Portland, Oregon, U.S.A.
20. Tu, E., Carswell, K. L., Horne, R. M., **Visserman, M. L.**, Impett, E. A. (2019, February). *With or without you: Exploring relational and personal self-expansion among romantic partners post-relocation*. Poster presented held at the annual meeting of the Society of Personality and Social Psychology (SPSP), Portland, Oregon, U.S.A.
21. **Visserman, M. L.**, Righetti, F., Impett, E. A., Muise, A., Joel, S., & Van Lange, P. A. M. (2018, July). *Taking stock of reality: Biased perceptions of romantic partners' costs for sacrifice*. Oral presentation held at the bi-annual meeting of the International Association for Relationship Research (IARR), Fort Collins, Colorado, U.S.A.
22. **Visserman, M. L.**, Impett, E. A., Righetti, F., Muise, A., Keltner, D., & Van Lange, P. A. M. (2018, March). *A quasi-signal detection analysis of perceiving a romantic partner's sacrifices and the impact on gratitude in daily life*. Poster presented at the Society of Personality and Social Psychology (SPSP) conference, Atlanta, Georgia, U.S.A.
23. Righetti, F., & **Visserman, M. L.** (2018, March). *I gave too much: Low self-esteem and the regret of sacrifices*. Symposium presentation held at the annual meeting of the Society of Personality and Social Psychology (SPSP), Atlanta, Georgia, U.S.A.
24. **Visserman, M. L.**, Righetti, F., Kumashiro, M., & Van Lange, P. A. M. (2017, July). *Me or us? Self-control promotes a healthy balance between personal and relationship concerns*. Data blitz presentation held at the annual meeting of the European Association for Social Psychology (EASP), Grenada, Spain.
25. **Visserman, M. L.**, Righetti, F., Impett, E. A., Keltner, D., & Van Lange, P. A. M. (2017, July). *It's the motive that counts: Perceived partner's sacrifice motives and gratitude*. Data blitz presentation held at the preconference “Relationships and Health” at the annual meeting of the European Association for Social Psychology (EASP), Grenada, Spain.

26. **Visserman, M. L.**, Righetti, F., Impett, E. A., Muise, A., Keltner, D., & Van Lange, P. A. M. (2017, March). *Taking stock of reality: Biased perceptions of romantic partners' costs for sacrifice*. Oral presentation held at the annual mini-conference of the Department of Experimental and Applied Psychology (Social and Organizational Psychology section), VU Amsterdam, The Netherlands.
27. **Visserman, M. L.**, Righetti, F., Impett, E. A., Keltner, D., & Van Lange, P. A. M. (2017, January). *It's the motive that counts: Perceived partner's sacrifice motives and gratitude*. Poster presented at the annual meeting of the Society of Personality and Social Psychology (SPSP), San Antonio, Texas, U.S.A.
28. **Visserman, M. L.**, Impett, E. A., Righetti, F., Muise, A., Keltner, D., & Van Lange, P. A. M. (2016, December). *A quasi-signal detection analysis of perceiving a romantic partner's sacrifices and the impact on gratitude in daily life*. Oral presentation held at the annual meeting of the Dutch Association for Social Psychology (ASPO), Leiden, The Netherlands.
29. **Visserman, M. L.**, Righetti, F., Impett, E. A., Keltner, D., & Van Lange, P. A. M. (2016, July). *It's the motive that counts: Perceived partner's sacrifice motives and gratitude*. Oral presentation held at the bi-annual meeting of the International Association for Relationship Research (IARR), Toronto, Canada.
30. **Visserman, M. L.**, Righetti, F., Impett, E. A., Keltner, D., & Van Lange, P. A. M. (2016, May). *It's the thought that counts: Perceived partner's sacrifice motives and gratitude*. Oral presentation held at the annual mini-conference of the Department of Experimental and Applied Psychology (Social and Organizational Psychology section), Vrije Universiteit Amsterdam, The Netherlands.
31. **Visserman, M. L.**, Righetti, F., Kumashiro, M., & Van Lange, P. A. M. (2016, January). *Me or us? Controlling the balance between personal and relationship concerns*. Data Blitz presentation held at the annual meeting of the Society of Personality and Social Psychology (SPSP), San Diego, California, U.S.A.
32. **Visserman, M. L.**, Righetti, F., Kumashiro, M., & Van Lange, P. A. M. (2016, January). *Me or us? Controlling the balance between personal and relationship concerns*. Poster presented at the annual meeting of the Society of Personality and Social Psychology (SPSP), San Diego, California, U.S.A.
33. **Visserman, M. L.**, Righetti, F., Impett, E. A., Keltner, D., & Van Lange, P. A. M. (2015, December). *Thanks for making me happy! Perceived partner's sacrifice motives and gratitude*. Oral presentation held at the annual meeting of the Dutch Association for Social Psychology (ASPO), Amsterdam, The Netherlands.
34. **Visserman, M. L.**, Righetti, F., Kumashiro, M., & Van Lange, P. A. M. (2015, July). *Me or us? Controlling the balance between personal and relationship concerns*. Poster presented at the International Association for Relationship Research (IARR) mini-conference on "Self-regulation in Close Relationships", Amsterdam, The Netherlands.

35. **Visserman, M. L.**, Righetti, F., Kumashiro, M., & Van Lange, P. A. M. (2015, May). *Me or us? Controlling the balance between personal and relationship needs*. Oral presentation held at the annual mini-conference of the Department of Experimental and Applied Psychology (Social and Organizational Psychology section), Vrije Universiteit Amsterdam, The Netherlands.
36. **Visserman, M. L.**, Righetti, F., Kumashiro, M., & Van Lange, P. A. M. (2015, March). *Me or us? Controlling the balance between personal and relationship needs*. Poster presented at the International Convention of Psychological Science (ICPS), Amsterdam, The Netherlands.
37. **Visserman, M. L.**, Righetti, F., Kumashiro, M., & Van Lange, P. A. M. (2014, December). *Me or us? Controlling a balance between personal and relationship needs*. Oral presentation held at the annual meeting of the Dutch Association of Social Psychology (ASPO), Groningen, The Netherlands.
38. Karremans, J. C., & **Visserman, M. L.** (2014, July). *Implicit romantic relationship protection in the face of attractive alternative partners*. Symposium presented at the annual meeting of the European Association of Social Psychology (EASP), Amsterdam, The Netherlands.
39. **Visserman, M. L.**, Righetti, F., Kumashiro, M., & Van Lange, P. A. M. (2014, May). *Me or us? Controlling the balance between personal and relationship needs*. Oral presentation held at the annual mini-conference of the Department of Experimental and Applied Psychology (Social and Organizational Psychology section), Vrije Universiteit Amsterdam, The Netherlands.
40. **Visserman, M. L.**, Righetti, F., Kumashiro, M., & Van Lange, P. A. M. (2014, May). *Me or us? Controlling a balance between personal and relationship needs*. Poster presented at the bi-annual meeting of the Kurt Lewin Institute (KLI), Utrecht, The Netherlands.
41. **Visserman, M. L.**, & Karremans, J. C. (2014, February). *Beautiful, but not so nice in memory: relationship status biases the processing of an attractive alternative's behavior*. Poster presented at the annual meeting of the Society of Personality and Social Psychology (SPSP), Austin, Texas, U.S.A.
42. **Visserman, M. L.**, & Karremans, J. C. (2013, December). *An attractive alternative in a negative light: Biased processing of behavioral information in romantically involved individuals*. Oral presentation held at the annual meeting of the Dutch Association for Social Psychology (ASPO), Utrecht, The Netherlands.
43. **Visserman, M. L.**, & Karremans, J. C. (2012, June). *Protecting your relationship: A biased interpretation of an attractive alternative's behavior*. Poster presented at the annual meeting of the Behavioural Science Institute (BSI), Nijmegen, The Netherlands.
44. **Visserman, M. L.**, Curfs, K., Stomph, A., & Karremans, J. C. (2011, June). *Undress to impress: Male status makes women dress provocatively*. Poster presented at the annual meeting of the Behavioural Science Institute (BSI), Nijmegen, The Netherlands.

All professional Positions

- 2021-present *SSHRC Postdoctoral fellow*, University of Toronto Mississauga, Canada
- 2020-2021 *Lecturer (Assistant Professor)*, School of Psychology, Victoria University of Wellington, New Zealand. **Terminated due to persistent travel restrictions*
- 2020-2021 *Sessional Lecturer (Social Psychology of Interpersonal Relationships)*, University of Toronto, Canada
- 2018-2020 *Postdoctoral Fellowships* at the University of Toronto Mississauga & York University (2018-2020), Canada
- 2013-2018 *Ph.D. Candidate*, VU Amsterdam, The Netherlands.
- 2016-2017 *Research Visit* at Prof. Emily Impett's Relationships and Well-Being Lab, University of Toronto Mississauga, Canada.
- 2013-2017 *Instructor* of undergraduate courses in Introduction to Psychology, Academic Writing, and Measurement & Diagnostics, at VU Amsterdam, The Netherlands.
- 2013-2017 *Supervision* of Undergraduate and Master's students' research projects, theses, and internships, at VU Amsterdam, The Netherlands.
- 2011-2014 *Public Relations* for *In-Mind Magazine*, an international organization to bridge social psychological knowledge to lay audiences. *In-Mind* received the 2016 "The SPSP Service to the Field on Behalf of Personality and Social Psychology Award" from the *Society for Personality and Social Psychology*.
- 2009-2012 *Instructor* of an undergraduate course in Research Methods, at Radboud University, Nijmegen, The Netherlands.
- 2009-2012 *Research Assistant* working with Profs. Karremans, Prof. Holland, and Dr. Dotch, studying social cognition using field experiments and a reverse correlation paradigm, at Radboud University, Nijmegen, The Netherlands.

Professional Activities and Service

Professional Training (Selected)

- 2022 Unconscious Bias workshop, University of Toronto Mississauga, Toronto Initiative for Diversity and Excellence (TIDE), January 16, 2022 [virtual]
- 2021 Longitudinal Dyadic Data Analyses & Growth Curve Analyses (instructed by Matthew Johnson), University of Toronto, Toronto Relationship Interest Group (TRIG), July 19 and 22, 2019 [virtual]
- 2020 Online Teaching Training (instructed by Fiona Rawle), University of Toronto Mississauga, April 13, 2020 [virtual]
- 2019 Theory Workshop (instructed by John Vervaeke), University of Toronto, TRIG, August 27-28, 2019

- 2018 Response Surface Analyses (instructed by Maxwell Barranti), Toronto Relationship Interest Group, October 31st and November 7th, 2018
- 2018 Dyadic Longitudinal Data Analysis Workshop (instructed by Randi Garcia & David A. Kenny), Connecticut, USA, June 25-29, 2018
- 2018 R: The Basics (instructed by Maxwell Barranti), Toronto Relationship Interest Group, June 13, 2018
- 2017 Longitudinal Data Analyses, University of Southern California, at the Summer Institute of Social Personality Psychology (SISPP) from the Society of Personality and Social Psychology, July 9-22, 2017.
- 2017 Longitudinal Dyadic Analyses (instructed by Robert A. Ackerman & Deborah A. Kashy), Society for Personality and Social Psychology, January 21, 2017
- 2017 Structural Equation Modeling (instructed by Bertjan Doosje), Utrecht University, Kurt Lewin Institute, April 2017
- 2016 Hierarchical Linear Modeling (instructed by Tessa West & Lotte van Dillen), Utrecht University, Kurt Lewin Institute, September 2016
- 2016 Advanced Statistical Modeling (instructed by Marcello Gallucci), VU Amsterdam, March 2016
- 2015 Publish & Review (instructed by Martijn van Zomeren), Groningen University, Kurt Lewin Institute, April 2015
- 2015 Academic Writing (instructed by Astrid Homan & Diana Boer), University of Amsterdam, Kurt Lewin Institute, February 2015

Professional Affiliations

Association for Psychological Science (APS)
 Dutch Association for Social Psychology (ASPO)
 European Association of Cognitive Behavioral Therapy (EACBT)
 European Association of Social Psychology (EASP)
 International Association for Relationship Research (IARR)
 Kurt Lewin Institute (KLI)
 Society for Personality and Social Psychology (SPSP)

Professional Review Service

Journal of Personality and Social Psychology
Emotion
Social Psychological and Personality Science
Motivation and Emotion
Personality and Social Psychology Bulletin
Journal of Social and Personal Relationships
 – ***Editorial Board (2021-present)***
 – ***Recognized as “top reviewer” of 2021***
The Journal of Positive Psychology
Computers in Human Behavior

Frontiers in Psychology

Journal of Research in Personality

European Journal of Social Psychology

European Journal of Personality

Social Cognition

Social Psychology

Social Influence

Personal Relationships

International Association for Relationship Research (IARR) – Conference presentations

National Science Foundation (NSF) – Research proposals for grant applications

Professional Service to Field

- Symposium Chair “Navigating a Social World: The Costs and Benefits of Pro-Social Behavior” at the annual meeting of the Society of Experimental Social Psychology (Toronto, 2019)
- Organizer of Time Management workshop for the Toronto Relationship Interest Group (TRIG) (Toronto, 2018)
- Organizer of a Faculty-wide colloquium talk by Prof. Impett at VU Amsterdam, The Netherlands (2018)
- Department PR committee, VU Amsterdam, The Netherlands (2014-2017)
- Co-Organizer, International Association for Relationship Research (IARR) Mini-Conference (“Self-regulation and Close Relationships”), Amsterdam (2015)
- Ph.D. student meetings organizer, VU Amsterdam, The Netherlands (2014-2015)
- Student Committee member in the *Student Travel Committee*, and the *Students’ Future Committee*, Radboud University, Nijmegen, The Netherlands (2009-2011)

Teaching & Mentoring Activities

- Independent course instructor “*Social Psychology of Interpersonal Relationships*” (University of Toronto, 2020-present) (Ratings: respecting diversity (e.g., race, gender, ability, religion, sexual orientation) in my classrooms: **4.8/5**, being attuned to students’ learning: **4.8/5**; fostering enthusiasm and inspiration: **4.9/5**; being supportive: **5/5**)
- Involved in graduate training of Rebecca M. Horne (University of Toronto Mississauga), Stephanie Raposo (York University), Yoobin Park (graduated 2021; University of Toronto St. George), and Giulia Zoppolat (VU Amsterdam)
- Undergraduate research training of Gabriela Murphy (University of Toronto Mississauga, Relationships and Well-Being Lab)
- Supervision of Research Opportunity Students (ROP) (2018-2019: 4 students; 2019-2020: 4 students) and volunteers in Prof. Impett’s Lab (Sarah Asaad and Kristena

Disalvo, who both recently succeeded to graduate school), at University of Toronto Mississauga

- Independent lectures in Measurement & Diagnostics course (on multilevel analyses in Organizational Psychology) for 2 years, at VU Amsterdam (2015, 2016)
- Master's theses and internship supervision (2014-2015: 5 students; 2015-2016: 6 students; 2016-2017: 4 students), at VU Amsterdam
- Undergraduate theses (2013-2014: 5 students)
- Independent instructor (Research Methods, Introduction to Psychology, Academic Writing, and Psychometrics), at Radboud University and VU Amsterdam